

U.S. State Department -Canadian IV Alumnus Authors Book on Indigenous Dependency



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December 22, 2006 -- Calvin Helin, of Canada, has released a new book entitled *[Dances with Dependency: Indigenous Success through Self-Reliance](#)*. The book provides turnaround solutions to indigenous dependency issues. Helin attended a 1996 special multi-regional International Visitor project on Pacific Rim Trade, Investment and Cooperation. Born on the Kw'Alaams Reserve in British Columbia, Helin is a lawyer and founding president of the Native Investment and Trade Association (NITA). NITA organizes the Resource Expo conferences in Western Canada, the last of which was held in Calgary in November 2005.

Indigenous people throughout North America have lost hope and are afflicted with levels of social and political pathologies that have confounded solution to date. But no matter who you are, or what your station in life happens to be, there should always be hope for a better future. No matter how complex and unsolvable a situation appears to be, there is always reason for hope. This is exactly what *Dances with Dependency* provides—hope for a better future with a practical prescription for action as to how the problems of such poverty can be beaten.

In the search for clues to solutions, *Dances with Dependency* takes the reader on an inspiring 10,000 year canoe journey through the mists of time to an era of indigenous self-reliance where tribal civilizations thrived without welfare, unemployment insurance and government transfer payments. The book provides invaluable turnaround solutions to indigenous people and developing nation populations wishing to move forward.

The welfare trap, together with the dependency mindset this circumstance engenders, is a condition that can afflict people regardless of their race. The dependency mindset way of thinking, in turn, acts as an inherent barrier to moving forward and dealing with the pathologies of the condition.

The message of *Dances with Dependency* is that there is a real solution to a problem that has perplexed everyone for two hundred years — until now. There is a way forward, and there is hope to make the lives of ordinary indigenous people better. At the end of the day, the written word can change attitudes, but it will still take the action of people working together with a common goal for a better future to truly change lives.

For information on this book or the author please visit the website <http://www.spiritorca.com/> or call (604) 275-6670.

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