



A New Book Release That May Change Your Life!

Vancouver, B.C., November 28, 2006 - If there is one book everyone should read, it is about to be launched. Orca Spirit Publishing is set to launch the ground breaking publication, ***Dances with Dependency: Indigenous Success through Self-Reliance***, by the indigenous author, Calvin Helin . This event is slated for December 2, 2006, 7:00 PM at the Museum of Anthropology at UBC in Vancouver, British Columbia.

Advance reviews are steadily trickling in with descriptions of the new book has the !! potential to revolutionize how indigenous people view and solve their problems¶, to !! we know the problems, but this book has real solutions¶, and !! the book is a spell binding account of history that you will not be able to put down.¶ One indigenous commentator, Teresa Ryan, (on the book website blog) writes:

[Calvin Helin has] masterfully described the profound truth of the Aboriginal human condition. It is an unprecedented account of history, current reality and prognosis with solutions.

This remarkable rendition of his journey, and compilation of statistics **will rock the Canadian world view**, particularly as it relates to Aboriginals, but also exposing how the current path (or pathologies) affects every Canadian.

Renowned Aboriginal Master Business Leader Dave Tuccaro comments:

Dances with Dependency paints the most complete and honest portrait of indigenous people that has existed to date. It goes far beyond cataloging the problems to showing a path to real solutions. This book may unquestionably be the most important single piece of literature and analysis for moving indigenous people forward. It is time now to heed the call to more focused strategic action and to start making a difference now--it is time to move beyond the dependency mindset to the self-reliance of our ancestors.

Calvin Helin was sent on a quest from his small north coastal B.C. community by his father and grandmother (both hereditary Chiefs) when he was just 12 years old, with the single-minded purpose of making a difference to the plight of indigenous people. From over 30 years of careful reflection, Mr. Helin, now a brilliant, driven, and determined lawyer, karate instructor, and businessman, has produced an astonishing book-| a book with true potential not just to !! rock the Canadian world view¶, but one that provides a real reference point for how indigenous and developing nations can find their way out of the poverty and misery that afflicts large parts of their populations.

The author takes the reader on an inspiring 10,000 year canoe journey through the mists of time. He traces 9,600 years of indigenous self-reliance where tribal civilizations thrived without welfare, unemployment insurance and government transfer payments, in the search for clues to solutions now. ***Dances with Dependency*** outlines clearly how federal policies have entrenched a dependency mindset in the Aboriginal population leading to what the author calls the !! welfare trap¶-| a way of thinking that has become a significant barrier to moving forward. The current Canadian approach has resulted in a recent UN report concluding that Canada's high ranking on the United Nations' human development scale would dramatically drop from 7th to 48th if judged solely on the economic and social well-being of its First Nations people.

One of the primary messages of ***Dances with Dependency*** is that there should always be hope for a better future no matter who you are or what your station in life happens to be. No matter how complex and unsolvable a situation appears to be, there is always reason to hope. The author asks why indigenous children and youth should be subjected to so much misery and pain when such tribulations are, with the right attitude and strategic action, avoidable.

Should not the !! tears and broken hearts of thousands of mothers and grandmothers be enough to convince anyone that we must take action now?¶ , he asks.

Rarely something is written with the power to have a sweeping impact on ordinary folks. For the first time in print, author Calvin Helin, paints an impassioned and insightful portrait of the poverty and conditions of indigenous people, but adds real, focused, strategic turnaround solutions on how to move forward. *Dances with Dependency* is beautifully written with a unique and intuitive analysis that should prove invaluable to indigenous people and developing nation populations. Readers have said that the author has !! been guided by the Raven and has managed to speak honestly and respectfully about the problems faced by Aboriginal communities¶ , !! has been touched by the creator¶ , and !! has been guided by the teachings of his ancestors.¶

The universal message of the book *Dances with Dependency* is that self-reliance is good for everyone. The specific message of the book is that there is a real solution to a problem that has perplexed everyone for two hundred years † until now. There is a way forward, and there is hope to make the lives of ordinary indigenous people better.

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Further Information on *Dances with Dependency* can be obtained online at: <http://www.spiritorca.com/> or at: (604) 275-6670.