



## **A New Book Release That May Change Your Life!**

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Vancouver B.C., March 29, 2007 - In the three months since its launch, the new book, ***Dances with Dependency: Indigenous Success through Self-Reliance***, has leaped to best-seller status in Canada. In its first week in Chapters/Indigo book stores, the book made the top 25 best sellers list. This is not too surprising given that indigenous grassroots folks have widely and enthusiastically embraced the new publication for giving voice to their often frustrated concerns and aspirations. The book has become the hottest topic of discussion in many circles.

Recent reviews in the Calgary Sun and Toronto Sun find ***Dances with Dependency***:

... [a] remarkable and often irreverent book...[yet] is filled with hope and written out of deep love and concern for aboriginal people.... Helin sugarcoats nothing. While he recognizes and acknowledges the historical reasons and complexities behind the numerous social dysfunctions in Canada's aboriginal communities ...[and] says none of that will change until Natives stop pointing the finger of blame at others and start to take responsibility for their own futures.

"It's going to require an entire change of attitude and that's perhaps the toughest thing of all to do," he admits, "but we've taken the first step because most of us agree we cannot continue with the status quo and I think this book gives our people permission to speak frankly."

Significant interest in ***Dances with Dependency*** continues to flow from the most senior political levels, government departments, libraries, educational institutions, corporations, and non-profit organizations. International interest has also been piqued with inquiries and orders arriving from various parts of the world. It is increasingly clearly that the book is being greeted as possibly the most important book ever written on indigenous issues.

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Further Information on ***Dances with Dependency*** can be obtained online at: <http://www.spiritorca.com/> or at: (604) 275-6670. Books can be ordered online or purchased at all Chapters/Indigo stores. Press media photos and downloads can be accessed at: <http://www.spiritorca.com/downloads.shtml>