



A New Book Release That May Change Your Life!

Vancouver, B.C., December 12, 2006 - [Orca Spirit Publishing](#) and [CFNR](#) (Canada's First Nations Radio) announced today the Northwestern B.C. tour for the book ***Dances with Dependency: Indigenous Success through Self-Reliance***. This just-launched ground breaking publication by Tsimshian author, Calvin Helin, has been summarized as "masterfully describing the profound truth of the Aboriginal human condition...and **[a book that] will rock the Canadian world view.**"

The author is returning to his tribal roots 30 years after having been sent away on a quest from his small north coastal community of Lax Kw'alaams. He was sent on a journey by his father and grandmother (both hereditary Chiefs) with the single-minded purpose of making a difference to the plight of indigenous people. Mr. Helin has produced an astonishing book—a book with true potential not just to “rock the Canadian world view”, but one that provides a real reference point for how indigenous and developing nations can find their way out of the poverty and misery that afflicts large parts of their populations.

[CFNR](#), one of northern B.C.'s most popular radio stations, will be **broadcasting live interviews** (that may also be accessed on the internet):

- on Wild William Wesely's popular in-studio program on *Thursday, December 14, 2006 from 11:30 AM - 1:30PM*;
- also on *Thursday, December 14, 2006 from 6:00-7:00PM* you can catch Lynn Terbasket's in-depth interview with the author on Tribal Traxx; and
- on *Friday, December 15, 2006 from 12:00-4:00PM* on Wild William Wesely's popular Live Remote at the Rupert Square Mall in Prince Rupert.

To access CFNR online go to: <http://www.mycfnr.com/>.

The book author, Calvin Helin, and book artist, Bill Helin, will be meeting the public and signing books:

- in Terrace at **Misty River Books** (103-4710 Lakelse Ave) on *Thursday, December 14, 2006 from 2:30-4:00PM*;
- in Prince Rupert at the **Rupert Square Mall** on *Friday, December 15, 2006 from 12:00-4:00PM*;
- in Prince Rupert at **Rainforest Books** (251-3rd Avenue West) on *Saturday, December 16, 2006 from 3:00-5:00PM*.

Tribal members and family will be honouring the author with a "Soup Feast" in Prince Rupert at the Nisga'a Hall on *Friday, December 16, 2006 at 7:00PM*—in a tradition of Tsimshian culture that hearkens back through the millennia. The author will be making a special presentation Sm'ooygit Nees Nuugan Natt (Chief Lawrence Helin) of the Gitchiis Tribe and donating several books to the two high schools in Prince Rupert in honour of the deceased Sm'ooygit Nees Nuugan Noos (Chief Barry Helin) Sm'ooygit Hyemass (Chief Art Helin).