



Son of a Tsimshian Nation chief and a matron of the Royal House of Gitachn'geek, Calvin Helin is one of Canada's best-known Aboriginal lawyers. In his role

as founding president of the Native Investment and Trade Association and founding vice president of the National Aboriginal Business Association, he is widely recognized for offering turnaround solutions to impoverishment and despair. He lives in Vancouver, British Columbia, Canada.



Master artist Bill Helin, of the Tsimshian Nation, has pioneered the development of Northwest Coast art through painting, carving, jewelry making, fashion

design, and children's book illustration. Currently also an art instructor in Vancouver, British Columbia, he emphasizes the foundational teachings of his ancestors, especially respect for one another and mother earth.

Author photo: Mark Mushet
Illustrator photo: Sue Melito-Helin

SOCIOLOGY / SUSTAINABLE DEVELOPMENT / NATIVE AMERICAN STUDIES

"I read *Dances with Dependency* from cover to cover and could not put it down. [It raises] issues which must be discussed if progress is to be achieved. The fact that this book has aroused such interest is a positive sign for the future."

—THE RIGHT HONOURABLE PAUL MARTIN, 21ST PRIME MINISTER OF CANADA

"Calvin Helin is a Canadian Aboriginal thinker whose brave ideas evoke at once Thomas Jefferson's zeal for independence and Martin Luther King Jr.'s audacious 'I have a dream' idealism. Helin's courageous declaration in the groundbreaking *Dances with Dependency* scouts the way forward."

—MICHAEL ADAMS, WINNER OF THE DONNER PRIZE FOR *Fire and Ice: The United States, Canada, and the Myth of Converging Values*

"Self-reliance, personal responsibility, and self-respect are key to revitalizing native cultures. My father, Raymond Nakai, Chairman of the Navajo Tribe during the 1960s, suggested similar ideas to redirect the economic situation of [his] people; unfortunately, he played to deaf ears. Helin offers future-oriented solutions to counter the centuries of colonial federalism that have disinherited and dismembered indigenous cultures worldwide. We should all heed the Raven's call to take responsible action."

—R. CARLOS NAKAI, PHD
ATOKÁ MUSIC PRODUCTIONS & NATIVE AMERICAN FLUTE MUSIC

"The welfare mentality has hurt native people and crippled them from becoming self-sufficient. This book should be read by every tribal leader and council where this mentality permeates. Our tribal nations must be self-sufficient to claim any kind of sovereignty."

—JAYE FRANCIS
PRESIDENT, AMERICAN INDIAN BUSINESS ASSOCIATION

"*Dances with Dependency* [is] the template for the history and socioeconomic condition of . . . indigenous people . . . in North, Central, South America, and the Caribbean region, as well as the Netherlands, Spain, Portugal, Britain, and France. . . [It] should be required reading in all our schools and most importantly for political parties. Helin maps out an agenda of action for his people that will work for most of the rest of us."

—CARLOS VIANA, OMD
FOUNDER, VIANA NATURAL HEALING CENTER
ARUBA, DUTCH WEST INDIES



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CALVIN
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DANCES with DEPENDENCY

DANCES *with* DEPENDENCY



OUT OF POVERTY THROUGH
SELF-RELIANCE

CALVIN HELIN



USA \$31.50
CAN \$34.95

Dances with Dependency offers effective strategies to eliminate welfare dependency and help eradicate poverty among North America's indigenous populations. Beginning with an impassioned and insightful portrait of today's native communities, it traces the prevailing impoverishment and despair directly to a "dependency mindset" forged by welfare economics. To reframe this debilitating mindset, it advocates policy reform in conjunction with a return to native peoples' 10,000-year tradition of self-reliance based on personal responsibility and cultural awareness.

Author Calvin Helin, untethered to agendas of political correctness, describes the mounting crisis as an impending demographic tsunami threatening both the United States and Canada. In the United States, where government entitlement programs for diverse ethnic minorities coexist with an already huge national debt, prosperity, he proposes, is more obviously at stake. This looming tidal wave viewed constructively, however, can become an opportunity for reform—among not only indigenous peoples of North America but any impoverished population struggling with dependency in inner cities, developing nations, and post-totalitarian countries.